



**Paths for Liberation: An Introduction to Buddhism**

**LCPW-2200**

**3 credits**

**Fall 2025**

**Required Readings**

**Required texts (available through the DTL2; subject to change):**

Bodhi, Bhikkhu (trans.). *Noble Truths, Noble Path: The Heart Essence of the Buddha's Original Teachings*. Somerville: Wisdom Publications, 2023.

Hanh, Thich Nhat. *The Heart of the Buddha's Teaching: transforming suffering into peace, joy, and liberation*. Berkeley: Parallax Press, 1998.

Rahula, Walpola. *What the Buddha Taught*. New York: Grove Press, 1974.

Shutt, Liên. *Home is Here: Practicing Antiracism with the Engaged Eightfold Path*. Berkeley: North Atlantic Books, 2023.

Trungpa, Chögyam. *The Truth of Suffering and the Path of Liberation*. Boston: Shambhala Publications, Inc., 2010.

Zopa Rinpoche, Lama Thubten. *The Four Noble Truths: a guide to everyday life*. Somerville, MA: Wisdom Publications, 2018.