



**ECO Core: Educating to “Create Just and Sustainable Communities
that Counter Oppressions”**

ECO 1000

3 units

Fall 2025

Required Texts:

Baptist, Willie. *It Is Not Enough To be Angry*. University of the Poor Press: 2015, ebk, \$5.99.
<https://universityofthepoor.org/wp-content/uploads/2021/12/ItsNotEnoughToBeAngry.pdf>

Davis, Angela Y. *Freedom is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement*. Chicago, IL: Haymarket, 2016. ISBN 978-1-60846-564-4 \$15.95.

Imani, Blair, *Read This to Get Smarter. About Race, Class, Gender, Disability & More*. New York, NY: Ten Speed Press, 2021. ISBN: 978-1-9848-6054-5, \$16.99, ebk ISBN: 978-1-9848-6055-2, \$12.99.

Menakem, Resmaa. *The Quaking of America: An Embodied Guide to Navigating Our Nation’s Upheaval and Racial Reckoning*. Las Vegas, Nevada: Central Recovery Press, 2022. pap. ISBN: 9781949481747 19.95; ebk.

Ortiz, Naomi. *Sustaining Spirit: Self-Care for Social Justice*. Reclamation Press, 2018, ASIN: B07D99R9RV, \$14.54.