

## **LCTC 1200 – Paths for Liberation: An Introduction to Buddhism**

A. Required texts (will try to ensure availability through DTL2):

Bodhi, Bhikkhu (trans.). *Noble Truths, Noble Path: The Heart Essence of the Buddha's Original Teachings*. Somerville: Wisdom Publications, 2023.

Hanh, Thich Nhat. *The Heart of the Buddha's Teaching: transforming suffering into peace, joy, and liberation*. Berkeley: Parallax Press, 1998.

His Holiness the XIV Dalai Lama. *The Four Noble Truths*. London: Thorsons, 1997.

Rahula, Walpola. *What the Buddha Taught*. New York: Grove Press, 1974.