

ECO 1000: Fall 2023
**ECO Core: Educating to “Create Just and Sustainable Communities
that Counter Oppressions”**

Required Books:

Please read and critically engage the following texts below (as well as the multiple chapters/articles and links to podcasts available online in Populi) during the course.

Baptist, Willie. *It Is Not Enough To be Angry*. University of the Poor Press: 2015, ebk, \$5.99.
<https://universityofthepoor.org/wp-content/uploads/2021/12/ItsNotEnoughToBeAngry.pdf>

Imani, Blair, *Read This to Get Smarter. About Race, Class, Gender, Disability & More*. New York, NY: Ten Speed Press, 2021. ISBN: 978-1-9848-6054-5, \$16,99, ebk ISBN: 978-1-9848-6055-2, \$12.99.

Menakem, Resmaa. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Las Vegas, Nevada: Central Recovery Press, 2017. pap. ISBN 9781942094470. \$17.95; ebk. ISBN 9781942094487.

Ortiz, Naomi. *Sustaining Spirit: Self-Care for Social Justice*. Reclamation Press, 2018, ASIN: B07D99R9RV, \$14.54.