

**ECO 1000: Spring 2023**  
**ECO Core: Educating to “Create Just and Sustainable Communities that Counter**  
**Oppressions”**  
**Shannon Frediani, Ph.D.**

**Required Books:**

Please read and critically engage the following texts below (as well as the multiple chapters/articles and links to podcasts available online in Populi) during the course.

Baptist, Willie. *It Is Not Enough To be Angry*. University of the Poor Press: 2015, ebk, \$5.99.  
<https://universityofthepoor.org/wp-content/uploads/2021/12/ItsNotEnoughToBeAngry.pdf>

Davis, Fania. *The Little Book of Race and Restorative Justice: Black Lives, Healing, and US Social Transformation*. New York: Good Books, 2019. ISBN: 978-1-68099-343-1 \$5.99; ebk. 978-1-68099-344-8.

Imani, Blair, *Read This to Get Smarter. About Race, Class, Gender, Disability & More*. New York, NY: Ten Speed Press, 2021. ISBN: 978-1-9848-6054-5, \$16,99, ebk ISBN: 978-1-9848-6055-2, \$12.99. Available on DTL2.

Menakem, Resmaa. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Las Vegas, Nevada: Central Recovery Press, 2017. pap. ISBN 9781942094470. \$17.95; ebk. ISBN 9781942094487.

Ortiz, Naomi. *Sustaining Spirit: Self-Care for Social Justice*. Reclamation Press, 2018, ASIN: B07D99R9RV, \$14.54.

**Recommended:**

Greg Jobin-Leeds and AgitArt. *When We Fight We Win! Twenty-First Century Social Movements and the Activists that Are Transforming Our World*. New York, NY: The New Press, 2016. ISBN 978-1-62097-093-5 \$17.95.

Tiny a.k.a. Lisa Gray Garcia. *Criminal of Poverty: Growing Up Homeless in America*. San Francisco: City Lights; 2006. 10:1-931404-07-0 \$ 15.95.

Davis, Angela Y. *Freedom is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement*. Chicago, IL: Haymarket, 2016. ISBN 978-1-60846-564-4 \$15.95. Available on DTL2.