I. Rationale
The world we now live in is rapidly changing – as a result of neoliberal globalization, climate disruption, and the chaotic crumbling of governing institutions. These conditions are interdependent and impermanent. They call for adaptive and emergent power rooted in connection – to the body, to one another, and to the creative potential that lives within and outside of us. The rationale of this course is to engage the interdependence of individual and collective power in contributing to social change movements, sustainability, and liberation.

The course will explore specific approaches to change through various perspectives of power, organization, and movement. This includes the artificial and natural phenomena that contribute to and are perpetuated by interlocking systems of domination. Participants will have the opportunity to develop their relationship collective liberation by: studying power and movements; working with concrete tools and practices that deepen individual, interpersonal, and institutional relationships with power and movements; reflecting upon the wisdom of spiritual and secular sources; and collaborating in the equitable cultivation of community. Students will be expected to complete readings, case-studies, reflections, and a final project that contributes to the collective wisdom of the class.

II. Intended Outcomes
By the end of this course, students will:

- Be able to articulate their own relationships to power and movements.
- Have an understanding of different sources of power that can shape society, as well as ways in which authority, vision, organization, strategy, and action influence change.
- Be familiar with ways of engaging power and movement amidst interlocking systems of oppression.
- Be more aware of the challenges to and practices of liberation from the personal to the societal levels, so that they can be more effective, embodied, and sustainable in their actions.
- Have more tools for guiding energy in an intentional and equitable direction.
- Be able to provide leadership in a participatory process and presentation.
- Have contributed to the cultivation of beloved community.
III. Tentative Sequence

**January 31**
Welcome/Context Setting

**February 7**
Power and Movements: An Introduction

**February 14**
Forward Stance and Transformative Movement

**February 21**
Authority, Leadership, and Legitimacy

**February 28**
Individual Power

**March 7**
Interpersonal Power

**March 14**
Institutional Power

**March 21**
Strategy as a Regenerative Process

**March 28**
*No Class: Reading Week.* Take home mid-term assignment.

**April 4**
Healing Ourselves through Community

**April 11**
Visions and Dispositions

**April 18**
Sustainability, Organization, and the NGO-ization of Movements

**April 25**
Circumstances and Conditions

**May 2**
The Practice of Democracy

**May 9**
Presenting Possibilities
*In-person Final*
IV. Course Requirements

A. Work to be completed during the course (30%):
   ● Completion of mid-term assignment, which includes a case-study of a social change movement of your choosing.
   ● Completion of course project.

B. Participation (70%):
   ● On-time attendance at each class
   ● Full participation in all activities, conversations, and presentations
   ● Compliance with group agreements and processes
   ● Participation in a pod that contributes to the participant experience
   ● Completion of readings in preparation for each day
   ● Leading a council process
   ● Co-leading of a group presentation for the whole class

V. Course Readings

Unless otherwise noted, all required readings will be available in a course reader. A printed version of the reader will be available on reserve at SKSM, and can be ordered through Krishna Copy on University Avenue in Berkeley. An electronic version will be provided at the start of the course.

A. Required texts not included in the reader:

   List Price: $14.95
   ISBN: 9781570623950

   List Price: $5.96
   ISBN: 9781583226827
   (NOTE: this publisher provides group discounts. please wait until start of class to purchase this publication).

B. Required reading:


C. Recommended reading:


