

RSED 4900 Sustainable Leadership: MASC Core Intensive

*“To give birth, to nourish, to bear and not to own, to act and not lay claim, to lead and not rule:
this is mysterious power.”*

~ Lao Tzu, Tao Te Ching, Ch. 10

2015 January Intensive
SKSM Reading Room
9am – 5pm
Monday, January 5th – Friday, January 9th, 2015
(draft syllabus subject to revisions)

Instructor: J. Tyson Casey jtysoncasey@gmail.com
Office Hours: by appointment only

Grading: 3 Units. Pass/Fail (unless letter grade is requested)

I. Rationale:

The world we now live in is rapidly changing – both as a result of neoliberal globalization and climate disruption. These conditions are interdependent and impermanent. They call for adaptive and embodied leadership rooted in relationship – to the earth, to each other, and to collective power. The purpose of this course is to cultivate an ecosystem for connecting to individual and collective power, as well as opportunities to practice concrete skills for sustaining balance in an unpredictable life.

II. Intended Outcomes:

By the end of this course, students will:

- Be able to articulate their own understanding of sustainable leadership in an unsustainable society.
- Have awareness of different sources of power that can shape society, as well as ways in which accountability, authority, and authenticity influence power.
- Be familiar with ways of cultivating courage, trust, and transparency amidst interlocking systems of oppression.
- Be more aware of their attachments and triggers, so that they can be more adaptable and embodied in their leadership.
- Have more tools for guiding individual and group energy in an intentional direction.
- Be able to provide leadership in a group direction setting process and presentation.
- Have contributed to the cultivation of beloved community.

III. Tentative Schedule:

Monday
Welcome/Context Setting
What is Sustainable Leadership?
LUNCH BREAK
Sources of Power
Accountability, Authority, Authenticity

Tuesday

Being with Our Body Wisdom
Attachment, Non-attachment, Courage, and Adaptability
LUNCH BREAK
Trust, Transparency, and The Politic of Domination
Triggers and Tales

Wednesday

Space, Time, and Energy Management (STEM) I
LUNCH BREAK
STEM II
Agreements and Commitments

Thursday

Beyond the Duality of Leaders and Followers
Meetings and Group Direction Setting I
LUNCH BREAK
Meetings and Group Direction Setting II

Friday

Group Presentations
LUNCH BREAK
Guiding principles going forward
Closing

IV. Course Requirements:

- A. Pre-work to be completed prior to start of course (25%):
- Prompt and full completion of pre-evaluation following acceptance into the course.
 - Completion of time log prior to start of course.
 - Completion of pre-reading prior to start of course.
- B. Participation (60%):
- On-time attendance at each session of each day.
 - Full participation in all activities, conversations, and presentations.
 - Compliance with group agreements and processes.
 - Participation in a pod that contributes to the participant experience.
 - Completion of readings in preparation for each day.
 - Participation in a group direction setting process.
 - Co-leading of presentation for whole class.
- C. Prompt and full completion of post-evaluation following close of the course. (15%)

V. Course Readings:

Unless otherwise noted, all readings will be available in a course reader. A printed version of the reader will be available for purchase and on reserve at SKSM. An electronic version will be provided upon registration.

A. Required text not included in the reader:

Le Guin, Ursula K. *Lao Tzu: Tao Te Ching: a book about the way and the power of the way*. Boston, MA: Shambhala Publications, 1997.
List Price: \$14.95
ISBN: 9781570623950

B. Required reading prior to start of course:

Benyus, Janine M. "Where will we go from here?" In *Biomimicry: Innovation Inspired by Nature*, 285-297. New York: William Morrow, HarperCollins Publishers Inc, 1997.

Graeber, David. "How Change Happens." In *The Democracy Project*, 208 – 232. Spiegel & Grau. New York. 2013.

Haines, Staci and Ng'ethe Maina. "The Transformative Power of Practice." In *Framing Deep Change: essays on transformative social change*, 26-32. Berkeley: Center for Transformative Change, 2010.

hooks, bell. "Contemplation and Transformation." In *Buddhist Women on the Edge: Contemporary Perspectives from the Western Frontier*, edited by Marianne Dresser, 287 – 292. Berkeley: North Atlantic Books, 1996.

Macy, Joanna. "The Co-Arising of Self and Society." In *Mutual Causality in Buddhism and General Systems Theory*, 183-191. Albany: State University of New York Press, 1991.

Sista II Sista. "Sistas Makin' Moves: Collective Leadership for Personal Transformation and Social Justice." In *Color of Violence: the incite! anthology*, edited by Incite! Women of Color Against Violence, 196-207. Cambridge: South End Press, 2006.

Starhawk. "The Practice of Direct Democracy." In *Webs of Power: Notes from the Global Uprising*, 169-178. British Columbia: New Society Publishers, 2002.

Suzuki, Shunryu. *Branching Streams Flow in the Darkness: Zen Talks on the Sandokai*, edited by Mel Weitsman and Michael Wenger, 17-23, 190-191. Berkeley: University of California Press, 1999.

C. Recommended reading prior to start of course:

Collins, Patricia Hill. "Knowledge, Consciousness, and the Politics of Empowerment." In *Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment*, 221-238. Boston: Unwin Hyman, 1990.

Devane, Tom. "Sustainability of Results." In *The Change Handbook*, edited by Peggy Holman, Tom Devan, and Steven Cady, 59 – 69. San Francisco, CA: Berrett-Koehler Publishers, Inc., 2007.

Follett, Mary Parker. *Dynamic Administration: the collected papers of Mary Parker Follett*, edited by Henry C. Metcalf and L. Urwick, 30-49, 247-269. New York, NY: Harper & Row, Publishers, 1940.

Funk, R. W., Roy W. Hoover, and The Jesus Seminar. *The Five Gospels: What Did Jesus Really Say?*, 135-159, 289-299. San Francisco, CA: HarperCollins, 1993.

Kenny, Carolyn. "Liberating Leadership Theory." In *Living Indigenous Leadership: Native Narratives on Building Strong Communities*, edited by Carolyn Kenny and Tina Ngaroimata Fraser, 1-12. Vancouver: UBC Press, 2012.