

# Ritual Craft as Transformative Practice

Starr King School for the Ministry

Syllabus Fall 2015

Instructor: Taya Shere

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Wednesdays 2:10 pm - 5 pm

Location: Round Chapel & Fireside Room

Residential Course

3 units

## **Course Description and Objectives:**

Ritual Craft as Transformative Practice is an exploration into the art and technology of ritual craft. This course supports students in developing a nuanced understanding of successful ritual structures and empowers students in cultivating skills to create and guide ritual. The course itself is a ritual immersion, with each course meeting structured as a ritual experience. Students are encouraged to deepen their own resonant ritual practices, to experience rituals in contexts new to them and to craft and guide ritual for the community. Students will identify their strengths and edges in ritual craft and leadership, and will receive structured support in enhancing their existing ritual strengths and in nurturing arenas in which they seek additional growth and experience.

## **Course Expectations**

- \* Ritual experiences are affected by the presence, attention and care of each participant. To support the learning of each student and the container of the class, students are expected to arrive on time, and to participate fully in class discussions, exercises and assignments.
- \* Ritual Craft as Transformative Practice is designed as a ritual immersion experience, with ritual roles assigned to class participants. Students are expected to take on each ritual role at least once over the course of the semester.
- \* Students are expected to attend two rituals outside of class - one in a setting that is familiar to them, one in a context or community to them and to create or co-create one ritual outside of class. Students are expected to write a reflection paper of 4 to 5 pages on each of these experiences (3 papers total), integrating themes explored in the course.
- \* The Ritual Craft as a Transformative Practice class will be leading one SKSM Chapel (on a Tuesday afternoon 1-2 pm, likely in November). Students are expected to participate in planning for and co-creation of this Chapel.

## **Course Schedule**

September 9 / Session 1: Ritual Craft Form & Flow

Welcome to Ritual Craft as a Transformative Practice. We will outline the ritual structures for our course, choose ritual roles and explore core concepts of ritual form and flow.

### September 16 / Session 2: Ritual Intention and Communication

Setting clear intention is paramount in ritual craft. We will explore common categories of ritual intention as well as processes for clarifying ritual intentions and aligning ritual structures and content accordingly.

### September 30 / Session 3: Ritual and Sacred Space

How does the physical setting of ritual impact the ritual experience? We will explore elements in choosing resonant ritual locations, practices and customs of clearing, setting and tending sacred space, as well as creative practices for enhancing an experience of the sacred in spontaneous ritual settings. We will also explore the practice of setting and tending altars as a ritual tool.

### October 7 / Session 4: Ritual and the Body

Whether a ritual is designed toward immanence or transcendence, ritual begins in the body. We will explore the embodied nature of ritual as a radical act, as well as practices of inhabiting the body, leaving the body and tending the body in ritual space. We will explore ways of crafting ritual so that all bodies - of varying strengths and capacities- are welcome and well-met.

### October 14 / Session 5: Ritual and the Earth

Working with elementals - earth, water, air and fire - is of great support in ritual craft. We will explore how the literal and energetic elements of earth, water, air and fire are engaged, explicitly and implicitly, in ritual craft and technology.

### October 21 / Session 6: Ritual and the Divine / Ritual and Liturgy

Ritual supports us in connecting with, honoring and being transformed by Divinity. We will explore a range of ritual practices of engaging divinity and how these practices well-meet the theologies they serve and embody. We will inquire into words, prayers and offerings that most deeply support ritual. We will explore how the languages we speak to the divine and with our ritual participants or co-creators affect the power of the rituals we create and how we can voice to ritual language in a way that roots us in resonance.

### November 4 / Session 7: Ritual and Revolution

How is ritual a radical act? How can we integrate counter-oppressive theory and practice into our ritual craft and how can we weave ritual to powerfully support political and social action.

### November 11 / Session 8: The Rhythm of Ritual: Sacred Time and Pulse

How does ritual orient or shift our experience of time? How do we keep track or lose track of time in ritual space? We explore ways the rhythms of ritual shape our experience of the sacred.

### November 18 / Session 9:

#### Ritual as Rite of Passage, Initiation and Life Cycle Ceremony

How do rituals that occur regularly in time or place differ from rituals in service to initiation, life-cycle or rites of passage? We will explore cross-cultural initiation theory, impacts of initiation and rite-of-passage in our own lives, and how to tend rite-of-passage work with care and consciousness.

### November 25 / Session 10: Empowering Ritual Leadership

We will inventory our own ritual craft and leadership strengths and edges. We will offer feedback to each other and experience a ritual playground to explore new ways of leading. We will identify next steps in ritual practice and leadership and craft structures and accountability toward meeting these next steps.

### December 2 / Session 11: Ritual Completion

How we complete and seal a ritual experience and close ritual space greatly affects the impact of a ritual. In this session, we will explore practices of ritual completing and sealing, and also embody the practice of ritual completion by tending the completion and sealing of the ritual container of our course.

### **Core Texts**

Ritual: Power, Healing and Community by Malidoma Some

Deeply Into the Bone: Re-Inventing Rites of Passage Ronald Grimes p. 88-148

Supplementary Texts May Include:

Ritual: Perspectives and Dimensions by Catherine Bell “Basic Genres of Ritual Action” p. 91-137  
Ritual Symbols, Syntax and Praxis p. 61-89

Sacred and the Profane: The Nature of Religion by Mercia Eliade

The Water of Life: Initiation and the Tempering of the Soul by Michael Meade

The Art of Public Prayer by Lawrence Hoffman p. 252-255

Liberating Rites: Understanding the Transformative Power of Ritual by Tom Driver p. xi-xvii, pages 1-33 (on googlebooks)

The Ritual Process: Structure and Anti-Structure by Victor Turner