Sufi Dhikr: Remembrance of the Divine

“If you remember Me, I will remember You”
~Qur’an 2:152~

Throughout the world Sufism is identified as the mystical dimension of Islam emphasizing the student's journey towards higher states of consciousness and unity with The Divine. Just as the surfer becomes one with the wave so does the human heart become one with The Eternal through the practice of Dhikr, remembrance of The Divine.

In this experiential course students will explore the many facets of Dhikr, including chanting, prayer, meditation, Qur’anic recitation, movement, and music. Sufi communities, or “tariqas,” are found throughout the world and vary from country to country. This course will touch upon many different traditions and focus primarily on the Naqshbandi tradition from Dagistan.

**COURSE REQUIREMENTS:**
A) All students are required to attend all classes. If the need to be absent is necessary, please let me know as soon as possible.

B) All students should participate in each class session to the best of their abilities.

c) All students are required to attend a dhikr or a jumah at a local mosque at least once during the course of the class. Times and locations to be announced.

d) Students should come prepared to take notes based on lectures.

**Grades and evaluations:**
Grades/evaluations will be based on class participation and the final project, to author a dhikr based on theology from each students’ own individual faith tradition.

**No prior coursework or knowledge of Islam is required to register**