RSED 4900 Sustainable Leadership: MASC Core Intensive

“To give birth, to nourish, to bear and not to own, to act and not lay claim, to lead and not rule: this is mysterious power.”

~ Lao Tzu, Tao Te Ching, Ch. 10

2015 January Intensive
SKSM Reading Room
9am – 5pm
Monday, January 5th – Friday, January 9th, 2015
(draft syllabus subject to revisions)

Instructor: J. Tyson Casey  jtysoncasey@gmail.com
Office Hours: by appointment only
Grading: 3 Units. Pass/Fail (unless letter grade is requested)

I. Rationale:
The world we now live in is rapidly changing – both as a result of neoliberal globalization and climate disruption. These conditions are interdependent and impermanent. They call for adaptive and embodied leadership rooted in relationship – to the earth, to each other, and to collective power. The purpose of this course is to cultivate an ecosystem for connecting to individual and collective power, as well as opportunities to practice concrete skills for sustaining balance in an unpredictable life.

II. Intended Outcomes:
By the end of this course, students will:

• Be able to articulate their own understanding of sustainable leadership in an unsustainable society.
• Have awareness of different sources of power that can shape society, as well as ways in which accountability, authority, and authenticity influence power.
• Be familiar with ways of cultivating courage, trust, and transparency amidst interlocking systems of oppression.
• Be more aware of their attachments and triggers, so that they can be more adaptable and embodied in their leadership.
• Have more tools for guiding individual and group energy in an intentional direction.
• Be able to provide leadership in a group direction setting process and presentation.
• Have contributed to the cultivation of beloved community.

III. Tentative Schedule:

Monday
Welcome/Context Setting
What is Sustainable Leadership?
LUNCH BREAK
Sources of Power
Accountability, Authority, Authenticity

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**Tuesday**
Being with Our Body Wisdom
Attachment, Non-attachment, Courage, and Adaptability
*LUNCH BREAK*
Trust, Transparency, and The Politic of Domination
Triggers and Tales

**Wednesday**
Space, Time, and Energy Management (STEM) I
*LUNCH BREAK*
STEM II
Agreements and Commitments

**Thursday**
Beyond the Duality of Leaders and Followers
Meetings and Group Direction Setting I
*LUNCH BREAK*
Meetings and Group Direction Setting II

**Friday**
Group Presentations
*LUNCH BREAK*
Guiding principles going forward
Closing

**IV. Course Requirements:**

A. Pre-work to be completed prior to start of course (25%):
   - Prompt and full completion of pre-evaluation following acceptance into the course.
   - Completion of time log prior to start of course.
   - Completion of pre-reading prior to start of course.

B. Participation (60%):
   - On-time attendance at each session of each day.
   - Full participation in all activities, conversations, and presentations.
   - Compliance with group agreements and processes.
   - Participation in a pod that contributes to the participant experience.
   - Completion of readings in preparation for each day.
   - Participation in a group direction setting process.
   - Co-leading of presentation for whole class.

C. Prompt and full completion of post-evaluation following close of the course. (15%)
V. Course Readings:

Unless otherwise noted, all readings will be available in a course reader. A printed version of the reader will be available for purchase and on reserve at SKSM. An electronic version will be provided upon registration.

A. Required text not included in the reader:

List Price: $14.95
ISBN: 9781570623950

B. Required reading prior to start of course:


C. Recommended reading prior to start of course:


