

Saved

Theresa Novak

Novak is a third-year Starr King M.Div. student. During the 2006-2007 academic year she'll serve as a ministerial intern at the Unitarian Universalist Church of Annapolis, Maryland. This poem was written in April 2006.

Come into this place
There are healing waters here
And hands with soothing balm
To ease your troubled days.
Bring your wounds and aching hearts
Your scars too numb to feel.
Your questions and complaints,
All are welcome here.
Rest awhile.
Let the warmth of this community
Surround you,
Hold you,
Heal you.
When you feel stronger,
Just a bit,
Notice those that need you too.
They are here.

They are everywhere.
Weep with them
Smile with them,
Work with them,
Laugh along the way.
Pass the cup,
Drink the holy fire.
Take it with you
Into the world.
We are saved
And we save each other
Again, again, and yet again.